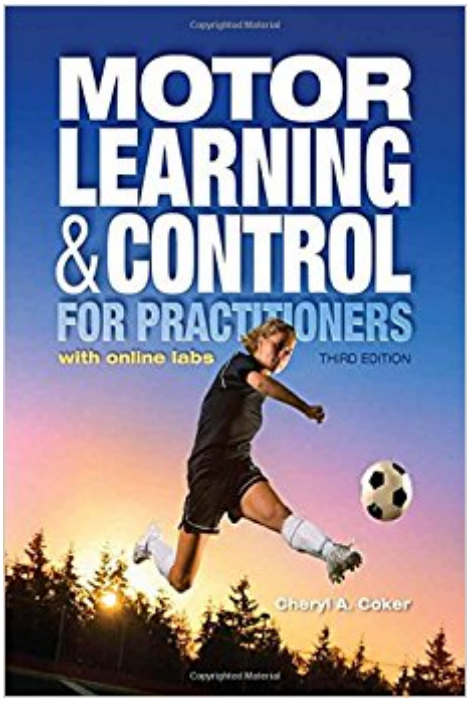
Motor Learning And Control For Practitioners



Synopsis

Motor Learning & Control for Practitioners, with Online Labs, Third Edition, is a reader-friendly text that balances theoretical concepts and their applications. Its practical approach and wide range of examples and teaching tools help readers build a solid foundation for assessing performance; providing effective instruction; and designing practice, rehabilitation, and training experiences. Whether readers plan to work in physical education, kinesiology, exercise science, coaching, athletic training, physical therapy, or dance, this text defines current thinking and trends, blending practical information with supporting research.Cerebral Challenges, Exploration Activities, and Research Notes will help students review and extend their learning and inform them about developments in the field. Marginal website references direct readers to online resources, including videos, web-based activities, and relevant apps.Sixteen online lab experiences allow readers to apply what they've learned; many include videos demonstrating procedural aspects.

Book Information

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Customer Reviews

I teach the course mostly from a physical education teacher's viewpoint since it is more understandable to students. Students care more about a theory's applications than the theoretical concept itself, so the book's commonplace examples are very helpful in making the theories more understandable and easier to apply. --Mario Isidro, Texas Tech UniversityI love the applied nature of the book. I find that students love the applications. . . [Regarding Chapter 10, on Diagnosing Errors] I love this chapter. Very unique and useful. Honestly, I have not seen many other texts which cover

this material. Very interesting. --Noah Gentner, Humber CollegeThe author presents the often-difficult-to-grasp theoretical information in a reader-friendly manner. Undergraduate students will benefit! --Susan Ross, University of Central Missouri

Cheryl A. Coker is a professor with the Department of Health and Human Performance at Plymouth State University. She received her undergraduate degree in physical education from Louisiana State University, where she was also an All American and a member of the NCAA Championship Women's Track and Field Team. Upon completion of her Master's and doctorate degrees from the University of Virginia, she joined the faculty at New Mexico State University, where she taught for 14 years.She is a motor learning specialist whose interest in skill acquisition stems from her experiences as a teacher, coach, and athlete. She is a fellow in the Research Consortium of AAHPERD and has given more than 80 presentations throughout the United States and internationally. She has consistently contributed to both scholarly and practitioner journals; in addition to Motor Learning and Control for Practitioners, she co-authored the book Play for Power: Creating Leaders through Sport, has authored numerous articles and chapters, and is perhaps best known for her work conveying theoretical constructs to the practitioner

Very good learning materials for coaches and practitioners

The content is a little boring and the pages and pictures do not help either. Needed this book for college. Not great for someone who is trying to find a fun way to learn about motor learning.

Easy to read even if you are not a college student. Dr. Coker is an expert in her field, but easily relates and teaches non-experts. This book is much easier to deal with than the huge book by Dr. Schmidt, and has the important info from his book.

This is a very good undergraduate book.It's writen in a simple language and has many useful examples and tasks.I recomend.

great reference book

Good Book

Exactly as advertised.

The book was in perfect condition. I used standard shipping and recieved my order within a day of the earliest estimated arrival date. I love ! great service and fast shipping, will use again!

Motor Learning and Control for Practitioners Motor Starting and Control Primer: An introduction to the starting techniques and control of electric motors Busy Toddler, Happy Mom: Over 280 Activities to Engage your Toddler in Small Motor and Gross Motor Activities, Crafts, Language Development and Sensory Play Motor Control and Learning: A Behavioral Emphasis Fine Motor Fun: Hundreds of Developmentally Age-Appropriate Activities Designed to Improve Fine Motor Skills (Key Education) 2018 Rand McNally Deluxe Motor Carriers' Road Atlas (Rand Mcnally Motor Carriers' Road Atlas Deluxe Edition) Checkered Flag Cheater: A Motor Novel (Motor Novels) Motor Learning and Performance With Web Study Guide - 4th Edition: A Situation-Based Learning Approach NLP: Neuro Linguistic Programming: Re-program your control over emotions and behavior, Mind Control - 3rd Edition (Hypnosis, Meditation, Zen, Self-Hypnosis, Mind Control, CBT) NLP: Persuasive Language Hacks: Instant Social Influence With Subliminal Thought Control and Neuro Linguistic Programming (NLP, Mind Control, Social Influence, ... Thought Control, Hypnosis, Communication) Therapeutic Exercise for Lumbopelvic Stabilization: A Motor Control Approach for the Treatment and Prevention of Low Back Pain, 2e Workbook and Lab Manual for Herman's Industrial Motor Control, 7th Electric Motor Drives: Modeling, Analysis, and Control Biomechanics and Motor Control of Human Movement Motor Control: Translating Research into Clinical Practice Industrial Motor Control Electric Motor Control Motor Learning and Performance-5th Edition With Web Study Guide: From Principles to Application Motor Learning and Performance, 5E Introduction to Deep Learning Using R: A Step-by-Step Guide to Learning and Implementing Deep Learning Models Using R